

## BUY NOTHING DAY – listening activity

Powered by  
[www.onyourmarks.org](http://www.onyourmarks.org) 

### Instructions

- 1- Put the headphones on your ears
- 2- Go to [www.onyourmarks.org](http://www.onyourmarks.org)
- 3- Click on Resource
- 4- Click on “Buy nothing Day”
- 5- Click on “TV spot”

You can stop the audio whenever you want or go back (just like any audio player)

### Activity

The average North American consumes ..... times more than a Mexican, 10 times more than a ..... person and ..... times more than a person from India.  
We are the most voracious consumers in the .....  
A world that could ..... because of the way we, North-Americans, live.  
Give it a ..... !  
  
November ..... is "Buy ..... Day " !

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